

2026

APRIL

EXERCISE

Monday		Tuesday		Wednesday		Thursday	
<p><i>Celebrating 40 years</i> <i>Proudly Serving the Community</i></p>  <p>Payson Senior Center <i>Remembering the past, Embracing the Future</i></p> <p>514 W Main Street 928-474-4876</p> <p>M-Th 8:00am-4:00pm PaysonSeniorCenter.org</p> <p>(Activities Subject to</p>				01		02	
				9:00 Dance Fitness 10:00 TAI CHI CHUAN 2:00 Boot Scootin' Line Dance Class Mixed Abilities	10:00 Senior Stretch, Strength & Balance 10:15 Chair Yogalates		
06		07		08		09	
9:00 Dance Fitness 10:00 Senior Stretch, Strength & Balance	9:00 Dance Fitness 9:00 FEELING FIT 10:15 Chair Yogalates		9:00 Dance Fitness 10:00 TAI CHI CHUAN 2:00 Boot Scootin' Line Dance Class Mixed Abilities		10:00 Senior Stretch, Strength & Balance 10:15 Chair Yogalates		
13		14		15		16	
9:00 Dance Fitness 10:00 Senior Stretch, Strength & Balance	9:00 Dance Fitness 9:00 FEELING FIT 10:15 Chair Yogalates		9:00 Dance Fitness 10:00 TAI CHI CHUAN 2:00 Boot Scootin' Line Dance Class Mixed Abilities		10:00 Senior Stretch, Strength & Balance 10:15 Chair Yogalates		
20		21		22		23	
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27		28		29		30	
9:00 Dance Fitness 10:00 Senior Stretch, Strength & Balance	9:00 Dance Fitness 9:00 FEELING FIT 10:15 Chair Yogalates		9:00 Dance Fitness 10:00 TAI CHI CHUAN 2:00 Boot Scootin' Line Dance Class Mixed Abilities		10:00 Senior Stretch, Strength & Balance 10:15 Chair Yogalates		



SENIOR TRANSPORTAION

Trinkets & Treasures
A FINE RESALE SHOP

Tues-Sat 9:30am-4:00pm

928-474-3205