

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5
<b>CENTER CLOSED</b>  	<b>NO WALKING CLUB</b> 9:00 Feeling Fit Level 3  1:00 Tribal Tone	9:00 Danni's Dance Fitness 10:00 Body Balance w/ Danni  <b>** NO LINE DANCE CLASS**</b>	8:45 Yogalates w/ Nan  10:00 Strength & Balance
9	10	11	12
9:00 Danni's Dance Fitness 10:00 Body Balance w/ Danni  10:00 Strength & Balance  <b>Boot Scootin' Seniors</b> <b>January: A-Z Retro Review</b> 2:00 Beg. Line Dance class 2:40 Line Dance Class	<b>NO WALKING CLUB</b> 9:00 Feeling Fit Level 3  1:00 Tribal Tone	9:00 Danni's Dance Fitness 10:00 Body Balance w/ Danni   <b>Boot Scootin' Seniors</b> <b>January: A-Z Retro Review</b> 2:00 Beg. Line Dance class 2:40 Improver Line Dance Class	8:45 Yogalates w/ Nan  10:00 Strength & Balance
16	17	18	19
9:00 Danni's Dance Fitness 10:00 Body Balance w/ Danni  10:00 Strength & Balance  <b>Boot Scootin' Seniors</b> <b>January: A-Z Retro Review</b> 2:00 Beg. Line Dance class 2:40 Line Dance Class	<b>NO WALKING CLUB</b> 9:00 Feeling Fit Level 3  1:00 Tribal Tone	9:00 Danni's Dance Fitness 10:00 Body Balance w/ Danni   <b>Boot Scootin' Seniors</b> <b>January: A-Z Retro Review</b> 2:00 Beg. Line Dance class 2:40 Improver Line Dance Class	8:45 Yogalates w/ Nan 10:00 Strength & Balance
23	24	25	26
9:00 Danni's Dance Fitness 10:00 Body Balance w/ Danni  10:00 Strength & Balance  <b>Boot Scootin' Seniors</b> <b>January: A-Z Retro Review</b> 2:00 Beg. Line Dance class 2:40 Line Dance Class	<b>NO WALKING CLUB</b> 9:00 Feeling Fit Level 3  1:00 Tribal Tone	9:00 Danni's Dance Fitness 10:00 Body Balance w/ Danni   <b>Boot Scootin' Seniors</b> <b>January: A-Z Retro Review</b> 2:00 Beg. Line Dance class 2:40 Improver Line Dance Class	8:45 Yogalates w/ Nan  10:00 Strength & Balance
30	31	Feb 1	Feb 2
9:00 Danni's Dance Fitness 10:00 Body Balance w/ Danni  10:00 Strength & Balance  <b>Boot Scootin' Seniors</b> <b>January: A-Z Retro Review</b> 2:00 Beg. Line Dance class 2:40 Line Dance Class	<b>NO WALKING CLUB</b> 9:00 Feeling Fit Level 3  1:00 Tribal Tone	9:00 Danni's Dance Fitness 10:00 Body Balance w/ Danni   <b>Boot Scootin' Seniors</b> <b>January: A-Z Retro Review</b> 2:00 Beg. Line Dance class 2:40 Improver Line Dance Class	8:45 Yogalates w/ Nan  10:00 Strength & Balance

Free Classes-Strength & Balance Tribal Tone, Line Dance, Feeling Fit, Yogalates  
 Zumba w/ Bernie: \$3/class  
 Dance Fitness & Body Balance w/ Dannie: \$3/non-mem; \$2/mem per class

*get connected*

Website:  
PaysonSeniorCenter.org