

**Lunch Served @ Noon**

# JANUARY MENU 2024

**\$5 Suggested Donation**

514 W Main Street

(Menu Subject to Change Due to Unforeseen Circumstances)

**Reservations 928-474-4876**

MONDAY- 1	TUESDAY- 2	WEDNESDAY- 3	THURSDAY- 4	MEALS ON WHEELS ONLY
 <b>CENTER CLOSED</b>	Chicken Alfredo Brussel Sprouts Carrots Applesauce Roll	Shredded Beef Tacos Spanish Rice Refried Beans Pear Crisp	Turkey & Cheese Sandwich Potato Salad Cucumber Slices Banana Bread	Beef & Rice Casserole Peas Mixed Vegetables Peaches
MONDAY – 8	TUESDAY - 9	WEDNESDAY - 10	THURSDAY - 11	MEALS ON WHEELS ONLY
Chicken & Biscuits Zucchini & Squash Green Beans Applesauce Roll	Open Face Hot Turkey Sandwich Carrots & Peas Mixed Fruit	Chicken Fajitas Spanish Rice & Beans Mixed Vegetables Peach Crisp	Chicken Chef Salad Pasta Salad Mandarin Oranges Roll Assorted Desserts	Loaded Baked Potato Lima Beans Corn Melody Applesauce Roll
MONDAY - 15	TUESDAY - 16	WEDNESDAY - 17	THURSDAY - 18	MEALS ON WHEELS ONLY
Chicken Enchilada Casserole Rice & Beans Mixed Corn Applesauce	Meatloaf Carrots & Peas Pears Roll	Sweet 'n Sour Pork over Brown Rice Mixed Vegetables Brussel Sprouts, Peaches Bread Pudding	Sub Sandwich Coleslaw Fresh Carrots Apple Slices	Lasagna Broccoli Cauliflower Peach Crisp
MONDAY – 22	TUESDAY – 23	WEDNESDAY – 24	THURSDAY – 25	MEALS ON WHEELS ONLY
Hawaiian Meatballs Served over Brown Rice Mixed Vegetables Sauteed Spinach Applesauce	Chicken Noodle Casserole Broccoflower Mixed Corn Tropical Fruit Roll	Roast Beef Over Mashed Potatoes Green Beans Brussel Spouts Pears, Roll	Turkey Cranberry Wrap Loaded Macaroni Salad Cucumber Slices Apple Slices Chocolate Chip Cookie	Southwest Omelet Roasted Potatoes Mixed Vegetables Mixed Fruit Roll
MONDAY - 29	TUESDAY – 30	WEDNESDAY – 31	THURSDAY – Feb 1	MEALS ON WHEELS ONLY
Chicken Cordon Bleu Mixed Vegetables Broccoli Tropical Fruit Roll	Cheese Ravioli Green Beans Mixed Vegetables Pears Roll	Pork Chow Mein Pickled Beets Broccoli Peaches Roll	Asian Chicken Wrap Pasta Salad Fresh Bell Pepper Sticks Jell-O with Fruit	Assorted Frozen Meals

**PLEASE CALL FOR RESERVATIONS 24 HOURS IN ADVANCE. PLEASE CALL IF YOU NEED TO CANCEL A MEAL.**

Under the American Disabilities Act, The Payson Senior Center must make reasonable accommodations to all persons with a disability who take part in programs, service or activity.

Pinal-Gila Council for Senior Citizens (PGCSC)  
 Town of Payson/Town of Star Valley/Gila County  
 The Older Americans Act Fund Services