

Lunch Served @ Noon


OCTOBER MENU 2024

\$5 Suggested Donation

514 W Main Street

(Menu Subject to Change Due to Unforeseen Circumstances)

Reservations 928-474-4876

MONDAY – Sept 30	TUESDAY – 1	WEDNESDAY – 2	THURSDAY – 3	MEALS ON WHEELS ONLY
Fish ‘n Chips Macaroni & Cheese Mixed Vegetables Tropical Fruit Cookie	Kielbasa Pasta Carrots Brussel Sprouts Applesauce Stuffed Breadstick	Shredded Beef Tacos Corn Medley Spanish Rice & Beans Pear Cup	Turkey & Cheese Sandwich Potato Salad Cucumber Sticks w/ Ranch Ambrosia Salad Cookie	Roasted Pork Carrots, Peas Peaches Roll Graham Crackers
MONDAY – 7	TUESDAY – 8	WEDNESDAY – 9	THURSDAY - 10	MEALS ON WHEELS ONLY
Pancake & French Toast Stick Bacon Scrambled Eggs Zucchini & Mushrooms Peaches	Ham & Bean Soup Hot Turkey Sandwich Carrots & Peas Broccoli Pears Cookie	Chicken Parmesan Green Beans Mixed Vegetables Applesauce	Chicken Salad Sandwich Carrot & Cucumber Sticks with Ranch for Dipping Jell-O with Fruit Cookie	Chicken, Broccoli & Cheese Baked Potato Zucchini Squash Apricots Cornbread
MONDAY - 14	TUESDAY – 15	WEDNESDAY - 16	THURSDAY - 17	MEALS ON WHEELS ONLY
Meatloaf Mashed Potatoes & Gravy Peas & Carrots Broccoli, Pears Roll & Dessert	Chicken Fajitas Spanish Rice & Beans Corn Medley Tropical Fruit Cup Churro	Chicken Fritters With Mac ‘n Cheese Broccoli Tater Tots Apricots and a Biscuit	Sub Sandwich Coleslaw Carrots Sticks w/ Ranch Apple Slices Cookie	Mostaccioli Bake Butternut Squash Sautéed Spinach Peaches
MONDAY - 21	TUESDAY – 22	WEDNESDAY - 23	THURSDAY - 24	MEALS ON WHEELS ONLY
Chili Covered Baked Potato Mixed Vegetables Broccoli Peach Cup Corn Bread & Chips	Hot Ham & Cheese Sandwich Mixed Corn Brussel Sprouts Tropical Fruit Cookie	Stuffed Bell Peppers Broccoli Roasted Squash Peaches Roll & Dessert	BLT Wrap Loaded Macaroni Salad Cucumber Sticks Apple Slices Cookie	Denver Omelet Roasted Potatoes Sautéed Spinach Apricots Wheat Toast
MONDAY – 28	TUESDAY – 29	WEDNESDAY – 30	THURSDAY – 31	MEALS ON WHEELS ONLY
Chicken Cordon Bleu Mashed Potatoes w/ Gravy Green Beans, Broccoli Peaches Roll & Dessert	Pork Carnitas Spanish Rice & Beans Corn Medley Pears Churro	Beef Stroganoff Broccoli Mixed Vegetables Tropical Fruit Roll	 Teriyaki Chicken Wrap Loaded Pasta Salad Bell Pepper Sticks Jell-O with Mixed Fruit Graham Crackers Special Spooky Dessert	Turkey Pot Pie Pickled Beets Mixed Vegetables Peaches Roll

PLEASE CALL FOR RESERVATIONS 24 HOURS IN ADVANCE. PLEASE CALL IF YOU NEED TO CANCEL A MEAL.

Under the American Disabilities Act, The Payson Senior Center must make reasonable accommodations to all persons with a disability who take part in programs, service or activity.

Pinal-Gila Council for Senior Citizens (PGCSC)
Town of Payson/Town of Star Valley/Gila County
The Older Americans Act Fund Services