
















PAYSON SENIOR CENTER
 928-474-4876 (928-363-4103) 514 W Main St
 M-Th 8:00am-4:00pm

ACTIVITIES
AUGUST 2022
 (Activities Subject to Change)

Trinkets & Treasures
 A FINE RESALE SHOP

(928)474-3205 Open 9:00am-4:00, T-S

EXERCISE	MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4
<p>Strength & Balance FREE Mon & Thurs @ 10:30</p> <hr/> <p>Feeling Fit Level 3 Free Tuesday @ 9:00</p> <hr/> <p>YOGALATES w/ Nan Thursday @ 8:45 Free **CXL Aug 18-Sept 9**</p> <hr/> <p>Walking Club- 7:30 Tues, Wed Thurs Meet @ the Vet</p> <p> Memorial</p> <hr/> <p>Zumba w/Bernie Mon, Tues & Wed @ 9:00 \$3 per class</p> <hr/> <p>Boot Scootin' Seniors Line Dancing- Free Mon & Wed</p> <p>NOTE TIMECHANGE Beg. Line Dance @2:00 Line Dance @2:30</p> <hr/> <p>Tribal Tone-Free (Tribal Dance & Drums Rhythm & Movement) Tues @ 1:00</p>	<p>Note: Line Dance Time Change 2:00</p> <p> 11:30 "BEE" Your Best w/ Janice Chesser 12:30 Bridge 12:45 Dominos</p>	<p>10:30 Bingo 12:45 Canasta</p>	<p>9:00 Bible Study 10:30 Music: Cinnamon Twist- Anne & Jenn  1:30 Forget-Me-Nots</p>	<p>12:45 Canasta</p>
	8	9	10	11
	<p>10:30 Music: Tiffany  O'Meara</p> <p>12:30 Bridge 12:45 Dominos</p>	<p>10:30 Bingo 12:45 Canasta</p>	<p>9:00 Bible Study 10:00 Craft Class w/ Brigett/Sign up w/ Laura</p> <p>10:30 Music: Cinnamon Twist-Anne & Jenn  1:00 Senior Bookworm's Book Club</p>	<p>10:00 Movie Time???</p> <p>12:45 Canasta</p>
	15	16	17	18
	<p>Sign up begins for: Bearizona</p> <p> 11:30 "BEE" Your Best w/ Janice Chesser 12:30 Bridge 12:45 Dominos</p>	<p>10:30 Bingo 12:45 Canasta</p>	<p>9:00 Bible Study 10:30 Music: Cinnamon Twist- Anne & Jenn  1:30 Forget-Me-Nots</p>	<p> BIRTHDAY CELEBRATION RODEO DAY 11:30 Line Dance Performance 12:30 Breast Cancer Support Group 12:45 Canasta</p>
	22	23	24	25
	<p>11:00 Music: Tricia Henning </p> <p>12:30 Bridge 12:45 Dominos</p>	<p>10:30 Bingo 12:45 Canasta</p>	<p>9:00 Bible Study 10:30 Music: Cinnamon Twist- Anne & Jenn </p>	<p>10:30 Music: Tiffany O'Meara  12:45 Canasta</p>
	29	30	31	Sept 1
	<p> 11:30 "BEE" Your Best w/ Janice Chesser 12:30 Bridge 12:45 Dominos</p>	<p>10:30 Bingo 12:45 Canasta</p>	<p>9:00 Bible Study 10:30 Music: Cinnamon Twist- Anne & Jenn </p>	<p>12:45 Canasta</p>

Bingo (Phone)

get connected

Website:



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 PaysonSeniorCenter

Call 605-313-5404 ACCESS CODE: 682547#

PaysonSeniorCenter.org