

Lunch Served @ Noon


AUGUST MENU 2023

\$3 Requested Donation

514 W Main Street

(Menu Subject to Change Due to Unforeseen Circumstances)

Reservations 928-474-4876

MONDAY – July 31	TUESDAY- 1	WEDNESDAY- 2	THURSDAY- 3	MEALS ON WHEELS ONLY
Hawaiian Meatballs Served over Brown Rice Mixed Vegetables, Sautéed Spinach Applesauce	Chicken Noodle Casserole Broccoflower Mixed Corn Peach Crisp Roll	Roast Beef Mashed Potatoes & Gravy, Carrots, Brussel Sprouts, Pears Roll	Turkey Cranberry Wrap Macaroni Salad Cucumber Slices, Fresh Apple Slices, Cookie	Southwest Egg Dish Roasted Potatoes Mixed Vegetables Mixed Fruit Roll
MONDAY - 7	TUESDAY - 8	WEDNESDAY - 9	THURSDAY - 10	MEALS ON WHEELS ONLY
Chicken & Dumpling Broccoflower Mixed Corn Fruit Cocktail Roll	Stuffed Shells Green Beans Mixed Vegetables Pears Roll	Beef Chow Mein Pickled Beets Broccoli Peaches Roll	Asian Chicken Salad Carrots & Celery Sticks Bell Pepper Sticks Banana Roll	Turkey Pot Pie Broccoli Mixed Vegetables Applesauce Roll
MONDAY - 14	TUESDAY - 15	WEDNESDAY - 16	THURSDAY – 17	MEALS ON WHEELS ONLY
Hamburger Roasted Sweet Potatoes Mixed Vegetables Peaches	Baked Chicken Mixed Vegetables Broccoli Tropical Fruit Roll	Roast Turkey with Mashed Potatoes with Gravy Broccoflower, Carrots Mixed Fruit, Roll	 BBQ Pork Sandwich Potato Salad Carrot Sticks Watermelon Cookie	Spaghetti & Meatballs Green Beans Squash Blend Applesauce Roll
MONDAY - 21	TUESDAY - 22	WEDNESDAY - 23	THURSDAY - 24	MEALS ON WHEELS ONLY
Chicken Alfredo Brussels Sprouts Carrots Applesauce Roll	Tuna Casserole Mixed Vegetables Sautéed Spinach Peaches Roll	Beef Burrito Spanish Rice & Refried Beans Green Beans Pear Crisp	Turkey & Cheese Sandwich Potato Salad Cucumber Slices Ambrosia Fruit Salad	Beef & Rice Casserole Peas Mixed Vegetables Fresh Banana Roll
MONDAY - 28	TUESDAY - 29	WEDNESDAY – 30	THURSDAY – 31	MEALS ON WHEELS ONLY
Chicken & Biscuits Zucchini & Squash Green Beans Pears	Open-Face Hot Turkey Sandwich Mashed Potatoes Peas & Carrots Mixed Fruit	Pancakes Eggs with Bacon Bits Roasted Potatoes Mixed Vegetables Peach Crisp	Chicken Chef Salad Pasta Salad Mandarin Oranges Roll	Loaded Baked Potato Lima Beans Corn Medley Fresh Apple, Roll

PLEASE CALL FOR RESERVATIONS 474-4876 24 HOURS IN ADVANCE. PLEASE CALL IF YOU NEED TO CANCEL A MEAL.

Under the American Disabilities Act, The Payson Senior Center must make reasonable accommodations to all persons with a disability who take part in programs, service or activity.

Pinal-Gila Council for Senior Citizens (PGCSC)
Town of Payson/Town of Star Valley/Gila County
The Older Americans Act Fund Services