







MONDAY 1	TUESDAY 2	Wild Card WEDNESDAY 3	THURSDAY 4	Volunteer of the Month
 <p><i>Center Closed for New Years</i></p>	<p>10:30 Music: Anne James                      12:45 Canasta                      12:45 Ladies Bridge</p>	<p><b>NO ZUMBA</b>                      10:30 Bible Studies                      10:45 FREE BINGO                      1:30 Alzheimer's/Dementia Care-giver Support Group</p>	<p>10:30 Free Blood Pressure ✓                      10:30 Payson Strummers ✓                      12:45 Canasta                      1:00 Crafter's/Hobbies</p>	 <p>Allen Gasaway                      EXERCISE @ THECENTER</p>
8	9	10	11	UPSTAIRS
<p><b>NO ZUMBA</b>                      10:30 Music Makers                      12:45 Dominos                      12:45 Bridge</p>	<p>9:00 Legal Assistance                      10:30 Music: Anne James                      12:45 Canasta                      12:45 Ladies Bridge</p>	<p>10:30 Bible Studies                      10:45 FREE BINGO                      1:00 Senior Bookworms Book Club</p> 	<p>10:30 Take 2 Band w/ Kathleen &amp; Jim                      12:45 Canasta                      1:00 Crafter's/Hobbies                      ***CHANGE***                      2:00 Payson's Grand 'Old Opry</p>	<p><b>Zumba w/Bernie</b>                      \$3 per class                      Monday &amp; Wednesday @ 9:00                      Tuesday @ 8:00</p>
15	16	17	18	UPSTAIRS
<p>10:00 Music Makers                      10:45 Free Blood Sugar &amp; Blood Pressure ✓                      12:45 Dominos                      12:45 Bridge</p>	<p>10:30 Music: Anne James                      12:45 Canasta                      12:45 Ladies Bridge</p>	<p>10:30 Bible Studies                      10:45 Music Hath Charms w/ Patsy                      12:30 Cell Phone/Tablet Class                      1:30 Alzheimer's/Dementia Care-giver Support Group</p> 	<p>9:00 YOGA CANCELLED                      10:45 Birthday BINGO                      12:00 BIRTHDAY Celebration                      12:45 Canasta                      1:00 Crafter's Circle/Hobbies</p>	<p><b>Jill's Yoga &amp; More</b>                      \$3 per class/\$2 members                      Monday &amp; Wednesday @ 10:00                      Tuesday, Thursday &amp; Friday @ 9:00</p>
22	23	24	25	UPSTAIRS
<p>10:30 Music: Tapestry w/ Gary &amp; Bette                      12:45 Dominos                      12:45 Bridge</p>	<p>10:30 Music: Anne James                      12:45 Canasta                      12:45 Ladies Bridge</p>	<p>10:30 Bible Studies                      10:45 FREE BINGO                      12:30 Movie &amp; Popcorn "Mr. Popper's Penguins"</p>  	<p>10:30 Karaoke                      11:30 Education??????                      12:45 Canasta                      1:00 Crafter's Circle/Hobbies                      2:00 Singing with Jinx</p>	<p><b>Belly Dancing</b>                      \$3 per class/members free                      Monday @ 2:30</p>
29	30	31	February 1	DOWNSTAIRS
<p>10:00 Music Makers                      12:45 Dominos                      12:45 Bridge</p> <p>SPIRIT WEEK: Crazy Hat Day</p>	<p>10:30 Music: Anne James                      12:45 Canasta                      12:45 12:45 Ladies Bridge</p> <p>SPIRIT WEEK: Twin Day</p>	<p>10:30 Bible Studies                      10:45 FREE BINGO</p> <p>SPIRIT WEEK: PSC Day                      Wear: Red, White, Black</p>	<p>10:30 Free Blood Pressure                      10:30 Payson Strummers                      12:00 Super Bowl Party                      2:00 Payson's Grand 'Old Opry</p> <p>SPIRIT WEEK: Football Day</p>	<p><b>STRENGTHEN &amp; BALANCE (Free)</b>                      Sit &amp; Strengthening                      Monday &amp; Thursday @ 10:00                      Adv. Balance &amp; Strengthen                      Monday &amp; Thursday @ 11:00</p>

**BREAKFAST BAR 8:00-10:30**



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**YOGA: Mon: Traditional Yoga; Tues. & Thurs.: Toning w/ Weights; Wed.: Stretching; Friday: Core\*\*\*Yoga Class \$3/\$2 to Members**