



PAYSON SENIOR CENTER
 (928) 474-4876 514 W Main St
 M-Th 8:00am-4:00pm

ACTIVITIES
 July 2021
 (Activities Subject to Change)

Trinkets & Treasures
 A FINE RESALE SHOP
 (928)474-3205 Open 9:00am-4:00, T-S

EXERCISE	MONDAY June 28	TUESDAY June 29	WEDNESDAY June 30	THURSDAY July 1
<p>Strength & Balance FREE Balance & Strengthening Mon & Thurs @ 10:00</p> <hr/> <p>Walking Club Tues @ 7:00 Meet @ Military Memorial</p>  <p>Zumba w/Bernie Mon, Tues & Wed @ 9:00 \$3 per class</p> <hr/> <p>Jill's Yoga & More \$3 per class \$2 Members Wed @ 10:00 Thurs & Fri @ 9:00</p> <hr/> <p>Boot Scootin' Seniors Line Dancing- Free Mon & Wed Beg. Line Dance @2:30 Line Dance @3:00</p> <hr/> <p>Tribal Tone (Triba Dance & Drums Rhythm & Movement) Tues @ 1:00</p>	9:00 Zumba-Down 10:30 Balance & Strengthen 1:00 Bible Study	9:00 Zumba-Down 10:30 Bingo	9:00 Zumba-Down 9:00 Jill's Yoga-up 11:30 Lunch & a Movie "Homeward Bound"	9:00 Jill's Yoga 10:30 Balance & Strengthen
	July 5	6	7	8
	9:00 Zumba-up 10:30 Balance & Strengthen 1:00 Bible Study	9:00 Zumba-up 10:00 Bingo	9:00 Zumba-up 10:00 Jill's Yoga-up 1:30 Forget-Me-Nots UP	9:00 Jill's Yoga-up 10:30 Balance & Strengthen
	12	13	14	15
	10:30 Balance & Strengthen 1:00 Bible Study	10:00 Bingo	9:00 Jill's Yoga-up 1:00 Senior Bookworms Book Club	9:00 Jill's Yoga-up 10:30 Balance & Strengthen
19	20	21	22	
				
10:30 Senior Olympics Lunch Immediately following		11:30 Lunch 12:30 Ice Cream Social Music- Cinnamon Twist Six Gal'n Hat		10:30 Luau Lei Making Hula Performance By Halau Hula 'O Ka'anohiokala Hula Dance Lessons Lunch Immediately following 1:30 Forget-Me-Nots UP
26		27		28
Exercise Classes- See Column on the Left 12:45 Dominos 1:00 Bridge		Exercise Classes- See Column on the Left 10:00 Bingo 12:45 Canasta 1:00 Ladies Bridge		Exercise Classes- See Column on the Left 9:30 Bible Study 11:00 Cinnamon Twist Anne & Jennifer
29		29		29
Exercise Classes- See Column on the Left 12:45 Canasta 12:45 Dominos				Exercise Classes- See Column on the Left 12:45 Canasta 12:45 Dominos

Extravaganza

get connected

Bingo (Phone)
 Call 605-313-5404 ACCESS CODE: 682547#

Website:
 PaysonSeniorCenter.org

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