









PAYSON SENIOR CENTER
 928-474-4876 (928-363-4103) 514 W Main St
 M-Th 8:00am-4:00pm

ACTIVITIES
 June 2022
 (Activities Subject to Change)

Trinkets & Treasures
 A FINE RESALE SHOP
 (928)474-3205 Open 9:00am-4:00, T-S

EXERCISE	MONDAY May 30	TUESDAY May 31	WEDNESDAY 1	THURSDAY 2
<p>Strength & Balance FREE Mon & Thurs @ 10:30</p> <hr/> <p>Feeling Fit Level 3 Free Tuesday @ 9:00</p> <hr/> <p>YOGALATES w/ Nan Thursday @ 8:45 Free</p> <hr/> <p>Walking Club-8:00 Meet @ the Vet</p>  <hr/> <p>Zumba w/Bernie Mon, Tues & Wed @ 9:00 \$3 per class</p> <hr/> <p>Jill's Yoga & More Tues, Wed & Thurs 10:30</p> <hr/> <p>Boot Scootin' Seniors Line Dancing- Free Mon & Wed</p> <p>Beg. Line Dance @2:30 Line Dance @3:00</p> <hr/> <p>Tribal Tone-Free (Tribal Dance & Drums Rhythm & Movement) Tues @ 1:00</p>	 <p>CENTER CLOSED</p>	<p>NO ZUMBA</p> <p>10:30 Bingo 12:45 Canasta</p>	<p>NO ZUMBA</p> <p>9:00 Bible Study 10:00 Craft Class w/ Brigett 10:30 Cinnamon Twist 1:30 Forget-Me-Nots</p>	<p>11:30 Being Your Own Healthcare Advocate w/ Kari Kane (get great goodies) 12:45 Canasta</p>
	6	7	8	9
	<p>NO ZUMBA</p> <p>11:30  "BEE" Your Best w/ Janice Chesser 12:45 Dominos 12:30 Bridge</p>	<p>NO ZUMBA</p> <p>10:30 Bingo 12:45 Canasta</p>	<p>NO ZUMBA</p> <p>9:00 Bible Study 10:30 Cinnamon Twist Anne & Jennifer 1:00 Senior Bookworms Book Club</p>	<p>10:30 Music: Six Gal 'n Hat 12:45 Canasta</p>
	13	14	15	16
	<p>11:00 MUSIC: Jonny Greywolf</p> <p>12:45 Dominos 12:30 Bridge</p>	<p>10:30 Bingo 12:45 Canasta</p>	<p>9:00 Bible Study 10:30 Cinnamon Twist Anne & Jennifer 1:30 Forget-Me-Nots</p>	<p>JUNE BIRTHDAY CELEBRATION 12:30 Breast Cancer Support Group 12:45 Canasta</p> 
	20	21	22	23
	<p>Sign up begins for: As You Wish Senior Trip</p> <p>11:30  "BEE" Your Best w/ Janice Chesser</p> <p>12:30 Bridge 12:45 Dominos</p>	 <p>10:30 Bingo 12:45 Canasta</p>	<p>9:00 Bible Study 10:30 Cinnamon Twist Anne & Jennifer</p>	<p>10:00 Movie Time 12:45 Canasta</p>
	27	28	29	30
	<p>11:00 MUSIC: Tricia Henning</p> <p>12:30 Bridge 12:45 Dominos</p>	<p>10:30 Bingo 12:45 Canasta</p>	<p>9:00 Bible Study 10:30 Cinnamon Twist Anne & Jennifer</p>	<p>12:45 Canasta</p>

Bingo (Phone)
 Call 605-313-5404 ACCESS CODE: 682547#

get connected

Website: PaysonSeniorCenter.org
 Facebook.com/PaysonSeniorCenter