






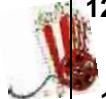







MONDAY	TUESDAY	Wild Card WEDNESDAY	THURSDAY	1	EXERCISE
 Volunteer of the Month <i>Michelle Patchett, Rochelle Patchett, & Lexi Stonebrink</i>		"Senior" Senior Prom Saturday, March 24 3:00 p.m.-6:00 p.m. \$10/person \$15/couple Tickets at the door  	10:30 Free Blood Pressure ✓ 10:30 Payson Strummers 1:00 Crafter's Circle/Hobbies		<div style="border: 2px solid black; padding: 5px; text-align: center;"> KEEP FIT AT THE CENTER </div> Belly Dancing <i>\$3 per class/members free</i> Monday @ 2:30
5	6	7	8	8	UPSTAIRS
10:30 Ukulele Fun 12:45 Dominos 12:45 Bridge 1:00 Pinochle	***NO ZUMBA*** 10:30 Music: Anything Goes Band w/ Anne James 12:45 Canasta 12:45 Ladies Bridge	***NO ZUMBA*** 10:30 Bible Studies 10:45 FREE BINGO 1:30 Alzheimer's/Dementia Care-giver Support Group	10:30 Take 2 Band w/ Kathleen & Jim 12:45 Canasta 1:00 Crafter's/Hobbies LAST DAY TO SIGN UP FOR ST. PATRICK'S LUNCH		Zumba w/Bernie <i>\$3 per class</i> Monday & Wednesday @ 9:00 Tuesday @ 8:00
12	13	14	15	15	UPSTAIRS
10:00 Music Makers 12:45 Dominos 12:45 Bridge 1:00 Pinochle	9:00 Legal Assistance 10:30 Music: Anything Goes Band w/ Anne James 12:45 Canasta 12:45 Ladies Bridge	9:30 Easter Card Making w/ BJ 10:30 Bible Studies 1:00 Senior Bookworms Book Club  1:30 NEW: Beginning Drawing w/ Juliet	10:45 Birthday BINGO  12:00 BIRTHDAY Celebration 12:00 ST. PATRICK'S DAY LUNCH  12:45 Canasta 1:00 Crafter's Circle/Hobbies		Jill's Yoga & More <i>\$3 per class/\$2 members</i> Monday & Wednesday @ 10:00 Tuesday, Thursday & Friday @ 9:00
19	20	21	22	22	UPSTAIRS
10:00 Music Makers 10:45 Free Blood Sugar & Blood Pressure ✓ 12:45 Dominos 12:45 Bridge 1:00 Pinochle	10:30 Music: Anything Goes Band w/ Anne James 12:45 Ladies Bridge 12:45 Canasta 2:00 NEW: Hatha Yoga w/ Juliet	10:30 Bible Studies 10:45 FREE BINGO 12:30 Cell Phone/ Tablet Class  1:30 Alzheimer's/Dementia Care-giver Support Group	11:30 FREE LUNCH AND LEARN Protection of Assets from Medicaid & Creditors w/ Libby & Patricia 12:45 Canasta 1:00 Crafter's Circle/Hobbies LAST DAY TO SIGN UP FOR EASTER LUNCH		Strength w/ Friends <i>(work the Core)</i> Monday @ 1:00 NEW Hatha Yoga w/Juliet <i>\$3 per class/members free</i> Tuesdays @ 2:00
26	27	28	29	29	DOWNSTAIRS
10:30 Music: Tapestry w/ Gary & Bette 12:45 Dominos 12:45 Bridge 1:00 Pinochle	10:30 Music: Anything Goes Band w/ Anne James 12:45 Canasta 12:45 Ladies Bridge 2:00 NEW: Hatha Yoga w/ Juliet 	10:30 Bible Studies 10:45 FREE BINGO 12:30 Movie & Popcorn "Brigadoon" Starring Gene Kelly 1:30 NEW: Beginning Drawing w/ Juliet 	10:00 Movie: Easter Parade Starring Judy Garland Decorate Easter Eggs 12:00 EASTER LUNCH  12:45 Canasta 1:00 Crafter's Circle/Hobbies		STRENGTHEN & BALANCE (Free) Sit & Strengthening Monday & Thursday @ 10:00 Adv. Balance & Strengthen Monday & Thursday @11:00

Visit our web site @ PaysonSeniorCenter.org



Breakfast Bar 



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YOGA: Mon: Traditional Yoga; Tues. & Thurs.: Toning w/ Weights; Wed.: Stretching; Friday: Core*Yoga Class \$3/\$2 to Members**