



MONDAY	TUESDAY 1	Wild Card WEDNESDAY 2	THURSDAY 3	EXERCISE
 Volunteer of the Month <i>Arlene Walker</i>	10:00 Color Tyme 11:30 Did You Know.... 12:45 Canasta 12:45 Ladies Bridge	10:30 Bible Studies 10:45 FREE BINGO 1:30 Alzheimer's/Dementia Care-giver Support Group	CINCO de MAYO CELEBRATION 10:30 Music: Anything Goes Band w/ Anne James 10:30 Free Blood Pressure ✓ 12:00 Cinco de Mayo Lunch 1:00 Crafter's Circle LAST DAY TO SIGN UP FOR MOTHER'S DAY LUNCH	KEEP FIT AT THE CENTER <u>Belly Dancing</u> \$3 per class/members free Monday @ 2:30
7	8	9	10	UPSTAIRS
10:30 Ukulele Fun 12:45 Dominos 12:45 Bridge 1:00 Pinochle	10:30 Music: Anything Goes Band w/ Anne James 12:45 Canasta 12:45 Ladies Bridge	9:30 Card Making w/ BJ 10:30 Bible Studies 10:45 FREE BINGO 1:00 Senior Bookworms Book Club	10:30 Take 2 Band w/ Kathleen & Jim 12:00 Mother's Day Lunch 12:45 Canasta 1:00 Crafter's/Hobbies	<u>Zumba w/Bernie</u> \$3 per class Monday & Wednesday @ 9:00 Tuesday @ 8:00
14	15	16	17	UPSTAIRS
10:00 Music Makers 11:30 FREE LUNCH AND LEARN Melanoma Awareness 12:45 Dominos 12:45 Bridge 1:00 Pinochle	9:00 Legal Assistance 10:30 Music: Anything Goes Band w/ Anne James 12:45 Canasta 12:45 Ladies Bridge	10:30 Bible Studies 12:30 Cell Phone/ Tablet Class 1:30 Alzheimer's/Dementia Care-giver Support Group	10:45 Birthday BINGO 12:00 BIRTHDAY Celebration 12:45 Canasta 1:00 Crafter's/Hobbies	<u>Jill's Yoga & More</u> \$3 per class/\$2 members Monday & Wednesday @ 10:00 Tuesday, Thursday & Friday @ 9:00
21	22	23	24	UPSTAIRS
10:00 Music Makers 10:45 Free Blood Sugar & Blood Pressure ✓ 12:45 Dominos 12:45 Bridge 1:00 Pinochle	10:30 Music: Anything Goes Band w/ Anne James 12:45 Ladies Bridge 12:45 Canasta	10:30 Bible Studies 10:45 FREE BINGO 12:30 Movie & Popcorn Night at the Museum 2: Battle at the Smithsonian	10:00 Rock Painting w/ Bernie 12:45 Canasta 1:00 Crafter's Circle/Hobbies	<u>Strength w/ Friends</u> (work the Core) Monday @ 1:00 <u>Hatha Yoga w/Juliet</u> \$3 per class/members free Tuesdays @ 2:00
28	29	30	31	DOWNSTAIRS
CENTER IS CLOSED FOR MEMORIAL DAY 	10:30 Music: Anything Goes Band w/ Anne James 12:45 Ladies Bridge 12:45 Canasta	10:30 Bible Studies 10:45 FREE BINGO	10:30 Music: BALLA-DEARS Wes & Wanda 12:30 ICE CREAM SOCIAL OPEN TO THE COMMUNITY 12:45 Canasta 1:00 Crafter's Circle/Hobbies	STRENGTHEN & BALANCE (Free) <u>Sit & Strengthening</u> Monday & Thursday @ 10:00 <u>Adv. Balance & Strengthen</u> Monday & Thursday @11:00

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Breakfast Bar



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YOGA: Mon: Traditional Yoga; Tues. & Thurs.: Toning w/ Weights; Wed.: Stretching; Friday: Core*Yoga Class \$3/\$2 to Members**