



PAYSON SENIOR CENTER
 928-474-4876 (928-363-4103) 514 W Main St
 M-Th 8:00am-4:00pm

ACTIVITIES
 May 2022
 (Activities Subject to Change)

Trinkets & Treasures
 A FINE RESALE SHOP
 (928)474-3205 Open 9:00am-4:00, T-S

EXERCISE	MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5
Strength & Balance FREE Mon & Thurs @ 10:30 <hr/> Feeling Fit Level 3 Free Tuesday @ 9:00 <hr/> YOGALATES w/ Nan Thursday @ 8:45 Free <hr/> Walking Club-8:00 Meet @ the Vet Memorial  <hr/> Zumba w/Bernie Mon, Tues & Wed @ 9:00 \$3 per class <hr/> Jill's Yoga & More Tues, Wed & Thurs 10:30 <hr/> Boot Scootin' Seniors Line Dancing- Free Mon & Wed Beg. Line Dance @2:30 Line Dance @3:00 <hr/> Tribal Tone-Free (Tribal Dance & Drums Rhythm & Movement) Tues @ 1:00	9:00 Candy Class  w/ Mary (sign up with Laura) 12:45 Dominos 12:30 Bridge 9	10:30 Bingo 12:45 Canasta 10	9:00 Bible Study 10:00 Craft Class w/ Brigett 10:30 Cinnamon Twist  1:30 Forget-Me-Nots 11	11:30 Cinco de Mayo Dance Performance  12:45 Canasta 12
	NO ZUMBA  LUNCH 12:45 Dominos 12:30 Bridge 16	NO ZUMBA 10:30 Bingo 12:45 Canasta 17	NO ZUMBA 9:00 Bible Study 10:30 Cinnamon Twist Anne & Jennifer  1:00 Senior Bookworms Book Club 18	11:00 MUSIC: Jonny Greywolf  12:45 Canasta 19
	NO ZUMBA  11:30 "BEE" Your Be w/ Janice Chesser 12:45 Dominos 12:30 Bridge 23	10:30 Bingo 12:45 Canasta 24	9:00 Bible Study 10:30 Cinnamon Twist Anne & Jennifer 1:30 Forget-Me-Nots 25	MAY BIRTHDAY CELEBRATION  11:15 JRE Choir/Ukelele 12:30 Breast Cancer  Support Group 12:45 Canasta 26
	Sign up begins for Butterfly Wonderland-Senior Trip 11:00 MUSIC:  Tricia Henning 12:30 Bridge 12:45 Dominos 30	10:30 Bingo 12:45 Canasta 31	9:00 Bible Study 10:30 Cinnamon Twist Anne & Jennifer  June 1	11:30 "How Do You Know When It's Time" Powell Place Team Presenting...Treats 12:45 Canasta June 2
	 CENTER CLOSED 10:30 Bingo 12:45 Canasta 30	10:30 Bingo 12:45 Canasta 31	9:00 Bible Study 10:00 Craft Class w/ Brigett 10:30 Cinnamon Twist Anne & Jennifer 1:30 Forget-Me-Nots  June 1	10:00 Movie Time 12:45 Canasta June 2

Bingo (Phone)
 Call 605-313-5404 ACCESS CODE: 682547#

get connected

Website:
 PaysonSeniorCenter.org

 Facebook.com/
 PaysonSeniorCenter