









MONDAY	TUESDAY	Wild Card WEDNESDAY 1	THURSDAY 2	EXERCISE
		10:30 Bible Studies 10:30 FREE BINGO 1:30 Alzheimer's/Dementia Care-giver Support Group	10:30 Free Blood Pressure ✓ 10:30 Anne James & Cinnamon Twist  LUNCH 12:00 12:45 Canasta 12:45 Dominos 1:00 Crafter's/Hobbies <div style="background-color: yellow; border: 1px solid black; padding: 2px; text-align: center;"> LAST DAY TO SIGN UP FOR MOTHER'S DAY LUNCH </div>	Strength & Balance FREE Sit & Strengthening Mon & Thurs @ 10:00 Adv. Balance & Strengthen Mon & Thurs @ 11:00 ----- Hatha Yoga w/ a Twist Free Mon @ 1:00 ----- Zumba w/Bernie \$3 per class Mon & Wed @ 9:00 Tues @ 8:00 ----- Jill's Yoga & More \$3 per class \$2 Members Mon & Wed @ 10:00 Tues, Thurs & Fri @ 9:00 ----- Belly Dancing \$3 per class Members free Mon @ 2:30 -----
6	7	8	9	
9:00 Card Making w/ BJ 11:00 Ukulele Fun 12:45 Dominos 12:45 Bridge	10:30 Anne James & Cinnamon Twist 12:45 Canasta 12:45 Ladies Bridge	10:30 Bible Studies 10:30 FREE BINGO 1:00 Senior Bookworms Book Club 	10:30 Take 2 Band w/ Kathleen & Jim  LUNCH 12:00 12:45 Canasta 12:45 Dominos 1:00 Crafter's/Hobbies	
13	14	15	16	
10:00 Music Makers 12:45 Dominos 12:45 Bridge	**NO ZUMBA** 9:00 Legal Assistance 10:30 Anne James & Cinnamon Twist 12:45 Canasta 12:45 Ladies Bridge	**NO ZUMBA** 10:30 Bible Studies 1:30 Alzheimer's/Dementia Care-giver Support Group	10:30 FREE BINGO BIRTHDAY Celebration  12:45 Canasta 12:45 Dominos 1:00 Crafter's/Hobbies	
20	21	22	23	
NO ZUMBA 10:00 Music Makers 12:45 Dominos 12:45 Bridge	10:00 Music: Anne James & Cinnamon Twist <div style="background-color: yellow; border: 1px solid black; padding: 2px;"> 11:30 State Talking Library Demonstration </div> 12:45 Canasta 12:45 Ladies Bridge	10:30 Bible Studies 10:30 FREE BINGO 12:30 Movie & Popcorn 	<div style="background-color: green; color: white; text-align: center; padding: 2px;"> CELEBRATING US </div> 10:30 Presenter: Ken Rice 11:00 Music: Buckshot Dot 11:30 Music: Ed Strain 12:45 Canasta & Dominos 1:00 Crafter's/Hobbies	
27	28	29	30	
	10:30 Music: Anne James & Cinnamon Twist 12:45 Canasta 12:45 Ladies Bridge	10:30 Bible Studies 10:30 FREE BINGO 1:30 Alzheimer's/Dementia Care-giver Support Group	10:30 Karaoke  12:45 Canasta 12:45 Dominos 1:00 Crafter's Circle/Hobbies	



Volunteer of the Month: Becky Ohle

PaysonSeniorCenter.org



Facebook.com/PaysonSeniorCenter

YOGA: Mon: Traditional Yoga; Tues. & Thurs.: Toning w/ Weights; Wed.: Stretching; Friday: Core***Yoga Class \$3/\$2 to Members