




M-Th 8:00am-4:00pm; F 8:00am-12:00pm

Open 9:00am-5:00pm, M-S

MONDAY 1	TUESDAY 2	Wild Card WEDNESDAY 3	THURSDAY 4	EXERCISE
10:30 Ukulele Fun 12:45 Dominos 12:45 Bridge 1:00 Pinochle-Need Players	10:30 Music: Big Al & Sweetie 12:45 Canasta 12:45 Ladies Bridge	10:30 Bible Studies 10:30 FREE BINGO 1:30 Alzheimer's/Dementia Care-giver Support Group	10:30 Free Blood Pressure ✓ 12:45 Canasta 1:00 Crafter's/Hobbies	Strength & Balance <u>FREE</u> Sit & Strengthening Mon & Thurs @ 10:00 Adv. Balance & Strengthen Mon & Thurs @11:00
8	9	10	11	
NO ZUMBA 10:00 Music Makers 12:45 Dominos 12:45 Bridge 1:00 Pinochle-Need Players	**NO ZUMBA** 10:30 Music: Big Al & Sweetie 12:45 Canasta 12:45 Ladies Bridge	**NO ZUMBA** 10:30 Bible Studies 10:30 FREE BINGO 1:00 Senior Bookworms Book Club 	AFTERNOON ACTIVITIES CANCELLED TODAY CRAFT FAIR SET-UP CRAFT FAIR Friday 9:00-8:00 Saturday 9:00-4:00	Strength w/ Friends (work the Core) Mon @ 1:00 <u>FREE</u>
15	16	17	18	
10:00 Music Makers 10:45 Free Blood Sugar & Blood Pressure ✓ 11:15 EDUCATION: Dental Care w/ Keri 12:45 Dominos 12:45 Bridge 1:00 Pinochle	9:00 Legal Assistance 10:30 Music: Big Al & Sweetie 12:45 Canasta 12:45 Ladies Bridge	10:30 Bible Studies 12:30 Cell Phone/ Tablet Class  1:30 Alzheimer's/Dementia Care-giver Support Group	**STRENGTH & BALANCE** CANCELLED Medicare OPEN ENROLLMENT 9:30-3:30 9:30 Card Making w/ BJ 10:30 Birthday BINGO BIRTHDAY Celebration  12:45 Canasta 1:00 Crafter's	Zumba w/Bernie \$3 per class Mon & Wed @ 9:00 Tues @ 8:00
22	23	24	25	
11:15 Abe & Gloria Comedy Act  12:45 Dominos 12:45 Bridge 1:00 Pinochle-Need Players	10:30 Music: Big Al & Sweetie 12:45 Canasta 12:45 Ladies Bridge	10:30 Bible Studies 10:30 FREE BINGO 12:30 Movie & Popcorn Fly Away Home  LAST DAY TO SIGN UP FOR HALLOWEEN LUNCH	10:30 Music: BALLA-DEARS w/ Wes & Wanda 12:00 Oktoberfest LUNCH  12:45 Canasta 1:00 Crafter's Circle/Hobbies	Jill's Yoga & More \$3 per class/\$2 members Mon & Wed @ 10:00 Tues, Thurs & Fri @ 9:00
29	30	31	November 1	
10:30 Music Makers 12:45 Dominos 12:45 Bridge 1:00 Pinochle-Need Players	10:30 Music: Big Al & Sweetie 12:45 Canasta 12:45 Ladies Bridge	10:30 Bible Studies 10:30 FREE BINGO 12:00 Halloween LUNCH 	10:30 Free Blood Pressure ✓ 12:45 Canasta 1:00 Crafter's/Hobbies	Hatha Yoga w/Juliet <u>Free</u> Tues @ 2:00



Volunteer of the Month: Patrick Neibauer

PaysonSeniorCenter.org



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YOGA: Mon: Traditional Yoga; Tues. & Thurs.: Toning w/ Weights; Wed.: Stretching; Friday: Core***Yoga Class \$3/\$2 to Members