

928-474-4876	lunch served @ noon	OCTOBER 2018 LUNCH CALENDAR	\$3.00 requested donation	TRINKETS & TREASURES 928-474-3205
RESERVATIONS REQUIRED				
Monday - 1st Meatloaf Mashed Potatoes & Gravy Green Beans Applesauce Roll	Tuesday - 2nd Chicken Veggie Noodle Casserole Baked Pears Tomato Herb Bread	Wednesday - 3rd Sloppy Joes Mixed Bean Salad Roasted Potatoes Grape juice	Thursday - 4th Pork Roast Mashed Potatoes & Gravy Broccoli & Carrots Peach Crisp Rosemary Herbed Bread	Fri - Meals on Wheels Spinach Quiche Potato Patty Baked Apples & Cranberry
Monday - 8th Ham & Bean Soup Salad Mandarin Oranges Roll	Tuesday - 9th Turkey Mashed Potatoes & Gravy Peas & Carrots Apple Crisp	Wednesday - 10th Vegetable Lasagna Garlic Bread Baked Pears	Thursday - 11th Omelette Stuffed with Vegetables & Cheese Sausage Blueberry Scone	Fri - Meals on Wheels Beef Ravioli & Sauce Roll Veggie Blend Juice
Monday - 15th Pizza Cabbage Blend Slaw Fruit Juice Brownie	Tuesday - 16th Street Tacos Spanish Rice & Beans Apple Empanada	Wednesday - 17th Baked Ham & Pineapple Potato Broccoli Casserole Pumpkin Dessert	Thursday - 18th Hot Dogs, Pickle Potato Wedges Baked Beans Fig Newtons	Fri - Meals on Wheels Chicken ala King over a Biscuit Beets Apple sauce
Monday - 22nd Turkey & Cheese Wrap Coleslaw Fruit Gelatin Chips	Tuesday - 23rd Swedish Meatballs over Noodles Green Beans Apricot Compote	Wednesday - 24th Chicken & Dumplings Broccoli & Carrots Strawberries Shortcake	Thursday - 25th Brats, Sauerkraut & Onions German Potato Salad Beans Pineapple Upside Cake	Fri - Meals on Wheels FROZEN POTLUCK
Monday - 29th Egg Salad Sandwich Tomato Soup Tropical Fruit Chips	Tuesday - 30th Pot Roast w Potatoes Onion Carrot Pumpernickel Bread Apple cobbler	Wednesday - 31st HALLOWEEN Bats & Cobwebs Worms Sautéed Spiders Mud pie w/ Eerie Treats	Thursday - 1st Ritz Chicken Casserole Vegetable Blend Zucchini Bread Banana	Fri - Meals on Wheels Ham, Tomato & Broccoli Quiche Banana Bread Peaches

Under the American Disabilities Act, the Payson Senior Center must make reasonable accommodation to all persons with a disability who take part in program service or activity.

Pinal-Gila Council for Senior Citizens (PGCSC)
 Town of Payson/Town of Star Valley/Gila County
 The Older Americans Act Fund Services