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| **MONDAY** | **TUESDAY 1** | **Wild Card WEDNESDAY 2** | **THURSDAY 3** | **EXERCISE**  **Strength & Balance FREE**  **Sit & Strengthening**  **Mon & Thurs @ 10:00**  **Adv. Balance & Strengthen**  **Mon & Thurs @11:00**  **- - - - - -- - - - - - - - - - - -**  ***Hatha Yoga w/ a Twist* Free**  **Mon @ 1:00**  **- - - - - -- - - - - - - - - - - -**  ***Get Up & Move w/***  ***Line Dancing-NEW***  **Free**  **Thurs @ 9:45**  **- - - - - -- - - - - - - - - - - -**  ***Zumba w/Bernie***  ***$3 per class***  **Mon & Wed @ 9:00**  **Tues @ 8:00**  **- - - - - -- - - - - - - - - - - -**  **Jill’s Yoga & More**  ***$3 per class***  ***$2 Members***  **Mon & Wed @ 10:00**  **Tues, Thurs & Fri**  **@ 9:00**  **- - - - - -- - - - - - - - - - - -**  **Belly Dancing**  ***$3 per class***  ***Members free***  **Mon @ 2:30**  **- - - - - -- - - - - - - - - - - -** |
|  | **\*\*\*NO ZUMBA\*\*\***  **10:30 Music: Jerry Bingham**  **12:45 Canasta**  **12:45 Ladies Bridge** | **\*\*\*NO ZUMBA\*\*\***  **10:30 Bible Studies**  **10:30 FREE BINGO**    **1:30 Alzheimer’s/Dementia**  **Care-giver Support Group**  **3:30 Line Dancing-NEW** | **10:30 Free Blood Pressure**  **12:45 Canasta**  **12:45 Dominos**  **1:00 Crafter’s/Hobbies** |  |
| **7** | **8** | **9** | **10** |  |
| **11:00 Ukulele Fun**  **12:45 Dominos**  **12:45 Bridge** | **10:30 Anne James &**  **Cinnamon Twist**  **12:45 Canasta**  **12:45 Ladies Bridge** | **10:30 Bible Studies**    **10:30 FREE BINGO**    **1:00 Senior Bookworms**  **Book Club**  **3:30 Line Dancing- NEW** | **10:30 Music: Take 2 Band w/**  **Kathleen**  **12:45 Canasta**  **12:45 Dominos**  **1:00 Crafter’s/Hobbies** |  |
| **14** | **15** | **16** | **17** |  |
| **10:00 Music Makers**  **12:45 Dominos**  **12:45 Bridge** | **9:00 Legal Assistance**  **10:30 Anne James &**  **Cinnamon Twist**  **12:45 Canasta**  **12:45 Ladies Bridge** | **10:30 Bible Studies**  **10:00 BOSA Brain Bingo**  **1:30 Alzheimer’s/Dementia**  **Care-giver Support Group**  **3:30 Line Dancing- NEW** | **10:30 FREE BINGO**    **12:00 BIRTHDAY Celebration**  **12:45 Canasta & Dominos**  **1:00 Crafter’s/Hobbies** |  |
| **21** | **22** | **23** | **24** |  |
| **\*\*\*NO HATHA YOGA\*\*\***  **10:00 Music Makers**  **12:45 Dominos**  **12:45 Bridge** | **10:30 Anne James &**  **Cinnamon Twist**  Image result for jumanji welcome to the jungle  **12:45 Canasta**  **12:45 Ladies Bridge** | **\*\*\*NO ZUMBA\*\*\***  **10:30 FREE BINGO**  **10:30 Bible Studies**  **12:30 Movie & Popcorn**  **Jumanji**  **3:30 Line Dancing- NEW** | Image result for karaoke**10:30 Karaoke**  **12:45 Canasta**  **12:45 Dominos**  **1:00 Crafter’s/Hobbies**  **LAST DAY TO SIGN UP FOR**  **Halloween Lunch**  **00000000000……………………………………………………………………………………………………………………………….**  **.+0000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000000.0**  **.000000000000000000000000**  **0000000** |  |
| **28** | **29** | **30** | **31** |  |
| **\*\*\*NO ZUMBA\*\*\***  **\*\*\*NO HATHA YOGA\*\*\***  **9:00 Candy Making w/ Mary**  **10:30 Music: Trisha Henning**  **12:45 Dominos & Bridge** | **\*\*\*NO ZUMBA\*\*\***  **10:30 Anne James &**  **Cinnamon Twist**  **12:45 Canasta**  **12:45 Ladies Bridge** | **10:30 Bible Studies**  **10:30 FREE BINGO**  **3:30 Line Dancing- NEW** | Related image**10:30 Music Six Gal’N Hat**  **12:00 Lunch**  **12:45 Canasta**  **12:45 Dominos**  **1:00 Crafter’s/Hobbies** |  |

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**Volunteer of the Month: Jeanette Kimbrough**

**PaysonSeniorCenter.org**

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