


Lunch Served @ Noon

OCTOBER MENU 2020

\$3 Requested Donation

(Menu Subject to Change Due to Unforeseen Circumstances)

MONDAY – 5	TUESDAY – 6	WEDNESDAY – 7	THURSDAY - 8	MEALS ON WHEELS ONLY
Meatloaf Mashed Potatoes & Gravy Green Beans Roll Applesauce	Chicken Vegetable Pasta Roll Chocolate Pudding w/ Bananas	Pork Roast Mashed Potatoes & Gravy Broccoli & Carrots Rosemary Herbed Bread Peach Crisp	Sloppy Joes Mixed Bean Salad Roasted Potatoes Fruit Juice	Spinach Quiche Potato Patty Baked Apples & Cranberry
MONDAY – 12	TUESDAY - 13	WEDNESDAY - 14	THURSDAY - 15	MEALS ON WHEELS ONLY
Vegetable Lasagna Garlic Roll Baked Pears Beets	Omelet Stuffed w/ Vegetables & Cheese Sausage Blueberry Scone	Turkey Mashed Potatoes & Gravy Peas & Carrots Apple Crisp	Ham & Bean Soup Salad Mandarin Oranges Roll	Beef Ravioli & Sauce Veggie Blend Roll Peaches
MONDAY - 19	TUESDAY - 20	WEDNESDAY - 21	THURSDAY - 22	MEALS ON WHEELS ONLY
Chicken ala King Over a Biscuit Broccoli Applesauce	Street Tacos Spanish Rice & Beans Churro Juice	Baked Ham & Pineapple Potato Broccoli Casserole Bread Pudding	Hot Dogs, Pickle Potato Wedges Baked Beans Fig Newtons	Pizza Casserole Veggie Blend Spiced Pears Cookie
MONDAY - 26	TUESDAY - 27	WEDNESDAY - 28	THURSDAY - 29	MEALS ON WHEELS ONLY
Swedish Meatballs Over Noodles Green Beans Spiced Peaches	Ritz Chicken Casserole Vegetable Blend Zucchini Bread Bread	Brats, Sauerkraut & Onions German Potato Salad Beans Pineapple Upside Down Cake	Bats & Cobwebs Worms Sautéed Spiders Mud Pie w/ Eerie Treats 	Ham, Tomato & Broccoli Quiche Banana Bread Baked Pears

Under the American Disabilities Act, The Payson Senior Center must make reasonable accommodations to all persons with a disability who take part in programs, service or activity.

Pinal-Gila Council for Senior Citizens (PGCSC)
Town of Payson/Town of Star Valley/Gila County
The Older Americans Act Fund Services

PLEASE CALL FOR RESERVATIONS 474-4876 24 HOURS IN ADVANCE. PLEASE CALL IF YOU NEED TO CANCEL A MEAL.