

## Chapman Payson Auto Donates New Meals on Wheels Vehicle

Chapman Payson Auto Center donated a 2023 Equinox to the Payson Senior Center's Meals on Wheels program. The Payson Senior Center is blessed by their generosity and support.

Last Fiscal Year (2022-2023) we delivered a record-breaking number of Meals on Wheels- 39,995. Meals on

Wheels is more than a meal - it is a

connection to the world, a delivery of a hot nutritious meal with a wellness check.

We become family to those we serve. Meals on Wheels is based on physical (not economic) need; however, 90% of the homebound we serve are low-income.



***John called to tell us that he feels like a million bucks when he sees the driver coming to deliver his meal. Mike stated that this program is luxury. Rose said that she would have starved without the Meals on Wheels program.***



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# \$5,000 Donor Match Challenge

We Hinkies, Jennifer and Ric, invite you to join us as we financially support one of our community's greatest treasures, the Payson Senior Center and all of the amazing programs they offer.

We learned firsthand (about 10 years ago) the importance of their programs, which are offered to anyone over 50 years of age, when our dear elderly neighbor became a widow. After caring for her husband during his terminal illness, she was alone with no local family support as they resided on the East Coast. She very seldom left her home and spent her day in pajamas. Being concerned, we inquired about her health and realized she was not eating properly and becoming depressed. After a quick call to the Senior Center their "Meals on Wheels" program was put into motion. Not only did she get a nutritious meal each day, but also a daily well check and a smile with conversation from the delivery person. She soon started to make sure she was dressed for her delivery so she would look her best. This program alone made all the difference in the world to her well-being.

Our friends who volunteer at the center in various capacities have shared with us that many times they are the only outside contact that some seniors have, whether it be through the delivery of a meal or attendance at a meal or activity provided at the center. A shocking statistic is that in rural communities such as Payson, one in six seniors face hunger as well as isolation and depression. We are so fortunate to have this resource available to our community.

Their programs go beyond supplying a healthy meal. They provide transportation for things such as medical appointments and grocery shopping. There are social activities and a resource center all focused on supporting the Center's mission: to help Payson seniors maintain independence and a quality of life.

This year we are asking you to join us to financially support our town treasure, the Payson Senior Center. We personally are committed to matching donations up to \$5,000. Our financial advisor made us aware of a way to support qualified charities without additional tax consequences by utilizing our mandatory Required Minimum Distribution dollars.

Required Minimum Distributions (RMDs) are part of the United States tax code. This code states that anyone that is 72 years old and has investments in individual retirement accounts such as IRAs, 401ks, or 403b accounts, must take out a prescribed percentage of those investments each year or pay a penalty. This money is considered current income and is taxable. The good news, as we found out, is that you can make donations to qualified charities, like the Senior Center, directly from your investment account's RMD without paying any taxes on those monies. The charity benefits greatly and, depending on your tax bracket, you can have a 15%-30% tax savings. We, of course, recommend that you consult your tax adviser for individual clarification.

Please join us on our matching gift fund drive so we can double our gift together for the benefit of not only the Senior Center but our total Payson community.

Jennifer and Ric Hinkie



## Your Support is Making a Difference!

"I am 72 1/2 years old and it is very difficult being a shut-in. Without the Meals on Wheels program, I would not see a single person. My friends are all deceased. I cannot afford food as everything is going up in price. I appreciate the driver as he is very nice. Thank you for your help." - J.

"Coming to the Center gives me a place that I can afford to eat and exercise. I enjoy the camaraderie with the day to day contact with others. I like going on the field trips and appreciate that the staff seem genuinely glad that I am there." - D.

"I have enjoyed coming to the Center for 3 years and I like everything about it. People are friendly, caring volunteers and staff, and numerous activities for all. I plan on coming here as long as I am able. I have made many friends here." - A.

"My roommate and I can't drive. We depend on the Senior Express for transportation. We would not have this comfort that we enjoy without it." - M.



Pictured here is the "lunch bunch" waiting to go home on the Senior Express. Monday –Thursday the Senior Express makes the trip around town bringing seniors to the Center for activities and a healthy lunch.





# Center Lunches and Great Music



Center lunches are served Monday—Thursday. For some this is their main meal of the day.  
A variety of music is provided by community volunteers.

## Where there's a WILL there's a WAY

*Your Legacy is our Future*

### **1 in 6 seniors face Depression, Hunger, and Isolation.**

- 1. Your legacy provides a place for seniors who face **Depression** to be accepted and loved.*
- 2. Your legacy will provide food for Seniors and Homebound facing **Hunger**.*
- 3. Your legacy provides transportation and other services for seniors who face **Isolation**.*



***“The only thing you take with you  
when you're gone is what you leave behind.”***

**BENEFICIARY ASSIGNMENTS, BEQUESTS, RETIREMENT PLANS, REAL ESTATE**

Please consider including the Payson Senior Center in your Legacy plan. visit [www.paysonseniorcenter.org](http://www.paysonseniorcenter.org) for more information.

# You can Designate Your AZ Taxes

Taken from the [azdor.gov](http://azdor.gov) site:

*The maximum QCO credit donation amount for 2023:  
**\$421 single, married filing separate or head of household; \$841 married filing joint.***

*The maximum QCO credit donation amount for 2024:  
**\$470 single, married filing separate or head of household;  
\$938 married filing joint.***

**Please Note:** Arizona law allows QCO donations made during 2023 or donations made from January 1, 2024 through April 15, 2024 to be claimed on the 2023 Arizona income tax return. The maximum credit that can be claimed on the 2023 Arizona return for donations made to QCO's is \$421 for single, married filing separate or head of household taxpayers, and \$841 for married filing joint taxpayers. If a taxpayer makes a QCO donation from January 1, 2024 through April 15, 2024 and wants to claim the higher 2024 maximum credit amount, the taxpayer will need to claim the credit on the 2024 Arizona return filed in 2025.



Scan this QR Code to  
make a donation

## HERE IS MY DONATION OF \$

I want to help provide for the critically needed meals and transportation programs!

Please make checks payable to Payson Senior Center & mail or drop off at The Center 514 W. Main St:  
OR complete the Visa or MasterCard information below and mail or drop off at The Center.

**YOU MAY ALSO DONATE SECURELY ONLINE: [www.PaysonSeniorCenter.org](http://www.PaysonSeniorCenter.org)**

Card Number

Expiration Date

CCV#

Name on Card

Billing Zip Code

Please fill out the following information for your tax receipt:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

EMAIL (optional): \_\_\_\_\_

**A RECEIPT FOR YOUR RECORDS WILL BE MAILED TO YOU**

Here is my gift of

☐ \$25 ☐ \$50 ☐ \$100 ☐ \$250 ☐ \$1,000 ☐ Other