






PAYSON SENIOR CENTER
 (928) 474-4876 514 W Main St
 M-Th 8:00am-4:00pm

ACTIVITIES
 September 2021
 (Activities Subject to Change)

Trinkets & Treasures
 A FINE RESALE SHOP
 (928)474-3205 Open 9:00am-4:00, T-S

EXERCISE	MONDAY Aug 30	TUESDAY Aug 31	WEDNESDAY Sept 1	THURSDAY Sept 2
<p>Strength & Balance FREE Balance & Strengthening Mon & Thurs @ 10:30</p> <hr/> <p>Walking Club Tues @ 7:00 Meet @ Military Memorial</p>  <hr/> <p>Zumba w/Bernie Mon, Tues & Wed @ 9:00 \$3 per class</p> <hr/> <p>Jill's Yoga & More \$3 per class \$2 Members Wed @ 10:00 Thurs & Fri @ 9:00</p> <hr/> <p>Boot Scootin' Seniors Line Dancing- Free Mon & Wed Beg. Line Dance @2:30 Line Dance @3:00</p> <hr/> <p>Tribal Tone (Triba Dance & Drums Rhythm & Movement) Tues @ 1:00</p>	<p>Exercise Classes- See Column on the Left</p> <p>12:45 Dominos 1:00 Bridge</p>	<p>Exercise Classes- See Column on the Left</p> <p>10:30 Bingo 12:45 Canasta</p>	<p>Exercise Classes- See Column on the Left</p> <p>9:30 Bible Study 11:00 Cinnamon Twist Anne & Jennifer 1:30 Forget-Me-Nots</p>	<p>Exercise Classes- See Column on the Left</p> <p>12:45 Canasta</p>
	6	7	8	9
		<p>NO ZUMBA</p> <p>10:30 Bingo 12:45 Canasta</p>	 <p>9:30 Bible Study 11:00 Cinnamon Twist Anne & Jennifer 1:00 Senior Bookworms Author Talk-Donna Hatch</p>	<p>12:45 Canasta</p>
	13	4	15	16
	<p>12:45 Dominos 1:00 Bridge</p>	<p>10:30 Bingo 12:45 Canasta</p>	<p>9:30 Bible Study 11:00 Cinnamon Twist Anne & Jennifer 1:30 Forget-Me-Nots</p>	<p>12:45 Canasta 12:30 Breast Cancer Support Group </p>
	20	21	22	23
	<p>NO ZUMBA</p> <p>12:45 Dominos 1:00 Bridge</p>	<p>10:30 Bingo 12:45 Canasta</p>	<p>9:30 Bible Study 11:00 Cinnamon Twist Anne & Jennifer 12:30 Movie-The Secret </p>	<p>12:45 Canasta</p>
	27	28	29	30
	<p>NO ZUMBA</p> <p>12:45 Dominos 1:00 Bridge</p>	<p>NO ZUMBA</p> <p>10:30 Bingo 12:45 Canasta</p>	<p>NO ZUMBA</p> <p>9:30 Bible Study 11:00 Cinnamon Twist Anne & Jennifer</p>	<p>12:45 Canasta</p>

get connected

Bingo (Phone)
 Call 605-313-5404 ACCESS CODE: 682547#

Website:
 PaysonSeniorCenter.org

 **Facebook.com/**
 PaysonSeniorCenter