







MONDAY 2	TUESDAY 3	Wild Card WEDNESDAY 4	THURSDAY 5
 <p>CENTER L O S E D</p>	<p>10:30 Lobo</p> <p>12:45 Canasta 12:45 Ladies Bridge</p>	<p>10:30 Bible Studies</p> <p>10:30 FREE BINGO</p> <p>1:30 Alzheimer's/Dementia Care-giver Support Group</p>	<p>10:30 Free Blood Pressure ✓</p> <p>12:45 Canasta 12:45 Dominos 1:00 Crafter's/Hobbies</p>
9	10	11	12
<p>10:00 Music Makers</p> <p>12:45 Dominos 12:45 Bridge</p>	<p>10:30 Lobo</p> <p>12:45 Canasta 12:45 Ladies Bridge</p>	<p>10:30 Bible Studies</p> <p>10:30 FREE BINGO</p> <p>1:00 Senior Bookworms Book Club </p>	<p>10:30 Music: Take 2 Band w/ Kathleen</p> <p>10:45-11:45 FLU SHOT CLINIC</p> <p>12:45 Canasta 12:45 Dominos 1:00 Crafter's/Hobbies</p>
16	17	18	19
<p>10:00 Music Makers</p> <p>11:15 EDUCATION: How to Avoid Abuse</p> <p>12:45 Dominos 12:45 Bridge</p>	<p>9:00 Legal Assistance 10:30 Lobo 12:45 Canasta 12:45 Ladies Bridge</p> <p><b>LAST DAY TO SIGN UP FOR The Harvest Hoedown Lunch</b></p>	<p>10:30 Bible Studies</p> <p>10:00 BOSA Brain Bingo</p> <p>1:30 Alzheimer's/Dementia Care-giver Support Group</p>	<p>10:30 FREE BINGO</p> <p>12:00 BIRTHDAY Celebration </p> <p>12:45 Canasta &amp; Dominos 1:00 Crafter's/Hobbies</p>
23	24	25	26
<p>11:00 Music: Trisha Henning</p> <p>12:45 Dominos 12:45 Bridge</p>	<p>10:30 Music: Six Gal 'n Hat</p> <p>12:00 <b>HARVEST HOEDOWN</b> LUNCH </p> <p>12:45 Canasta 12:45 Ladies Bridge</p>	<p>10:30 FREE BINGO</p> <p>10:30 Bible Studies</p> <p>12:30 Movie &amp; Popcorn Tooth Fairy </p>	<p>10:30 Karaoke </p> <p>12:45 Canasta 12:45 Dominos 1:00 Crafter's/Hobbies</p>
30	October 1	October 2	October 3
<p>***NO ZUMBA***</p> <p>10:00 Music Makers</p> <p>12:45 Dominos 12:45 Bridge</p>	<p>10:30 Music: Jerry Bingham</p> <p>12:45 Canasta 12:45 Ladies Bridge</p>	<p>10:30 Bible Studies</p> <p>10:30 FREE BINGO</p> <p>1:30 Alzheimer's/Dementia Care-giver Support Group</p>	<p>10:30 Free Blood Pressure ✓</p> <p>12:45 Canasta 12:45 Dominos 1:00 Crafter's/Hobbies</p>

**EXERCISE**

Strength & Balance  
**FREE**  
Sit & Strengthening  
Mon & Thurs @ 10:00

Adv. Balance & Strengthen  
Mon & Thurs @11:00

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Hatha Yoga w/ a Twist  
Free  
Mon @ 1:00

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Zumba w/Bernie  
\$3 per class  
Mon & Wed @ 9:00  
Tues @ 8:00

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Jill's Yoga & More  
\$3 per class  
\$2 Members  
Mon & Wed @ 10:00  
Tues, Thurs & Fri @ 9:00

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Belly Dancing  
\$3 per class  
Members free  
Mon @ 2:30

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