


MONDAY - 2	TUESDAY - 3	WEDNESDAY - 4	THURSDAY - 5	FRIDAY - Meals on Wheels
	Meatloaf Mashed Potatoes & Gravy Vegetable Blend Banana & Chocolate Pudding Roll	Chicken Enchilada Spanish Rice Beans Peaches	BBQ Pork Corn Relish Fruit w/ Gelatin Roasted Sweet Potatoes	Turkey Mashed Potatoes & Gravy Green Beans Applesauce Roll
MONDAY - 9	TUESDAY - 10	WEDNESDAY - 11	THURSDAY - 12	FRIDAY - Meals on Wheels
Omelet Stuffed w/ Spinach & Mushrooms Sausage French Toast w/ Blueberries Fruit Juice	Pizza Sautéed Vegetable Mix Pumpkin Dessert	Chicken in Lemon Basil Sauce Gingered Carrots Roasted Red Potatoes Strawberries over Biscuit	Chef Salad Oatmeal Bread Mandarin Oranges	Meatball/Mozzarella Sandwich Sautéed Peppers & Onions Roasted Squash Apple Crisp
MONDAY - 16	TUESDAY - 17	WEDNESDAY - 18	THURSDAY - 19	FRIDAY - Meals on Wheels
Egg Salad Sandwich Broccoli & Cheese Salad Jell-O with Fruit	Chicken Pot Pie Beets Apple Crisp	Ham Sweet Potatoes Green Beans, Roll Fruit Juice	Turkey Wrap Slaw Salad Fruit Birthday Cake	Beef Ravioli Veggies Roll Juice
MONDAY - 23	TUESDAY - 24	WEDNESDAY - 25	THURSDAY - 26	FRIDAY - Meals on Wheels
Swedish Meatballs Noodles Vegetable Medley Bread Pudding w/ Plums	<b>HARVEST HOEDOWN</b> Italian Sausage over Provencal Bean Stew Garlic Bread Baked Apples	Shepard's Pie Butternut Squash Pumpernickel roll Juice	Turkey Stew & Dumplings Carrots Cranberry Sauce Pumpkin Pudding	<b>FROZEN MEAL</b> <b>POTLUCK</b>
MONDAY - 30	TUESDAY - October 1	WEDNESDAY - October 2	THURSDAY - October 3	FRIDAY - Meals on Wheels
Meatloaf Mashed Potatoes & Gravy Green Beans Applesauce Roll	Chicken Veggie Noodle Casserole Baked Pears Tomato Herb Bread	Sloppy Joes Mixed Bean Salad Roasted Potatoes Grape Juice	Pork Roast Mashed Potatoes & Gravy Broccoli & Carrots Peach Crisp Rosemary Herbed Bread	Spinach quiche Potato Patty Baked Apples & Cranberry

Under the American Disabilities Act, The Payson Senior Center must make reasonable accommodations to all persons with a disability who take part in programs, service or activity.

Pinal-Gila Council for Senior Citizens (PGCSC)  
 Town of Payson/Town of Star Valley/Gila County  
 The Older Americans Act Fund Services

**PLEASE CALL FOR RESERVATIONS 474-4876 24 HOURS IN ADVANCE. PLEASE CALL IF YOU NEED TO CANCEL A MEAL.**