

Lunch Served @ Noon



514 W Main Street

SEPTEMBER MENU 2023

(Menu Subject to Change Due to Unforeseen Circumstances)

\$3 Suggested Donation

Reservations 928-474-4876

| MONDAY - 4 | TUESDAY - 5 | WEDNESDAY - 6 | THURSDAY - 7 | MEALS ON WHEELS ONLY |
|---|---|--|---|---|
| <p>*CENTER CLOSED*</p>  | Meatloaf with Mashed Potatoes Carrots, Peas Pears Roll | Sweet & Sour Pork Served with Brown Rice Mixed Vegetables, Brussel Sprouts, Banana Spring Roll | Sub Sandwich Coleslaw Carrots Slices w/ Ranch Apple Slices Cookie | Lasagna Broccoli Cauliflower Peaches Roll |
| MONDAY - 11 | TUESDAY - 12 | WEDNESDAY - 13 | THURSDAY - 14 | MEALS ON WHEELS ONLY |
| Hawaiian Meatballs Served over Brown Rice Mixed Vegetables, Sautéed Spinach Applesauce | Kielbasa Pasta Broccoflower Mixed Corn Tropical Fruit Roll | Roast Beef with Mashed Potatoes Carrots, Brussel Sprouts, Pears Roll | Turkey Cranberry Wrap Macaroni Salad Cucumber Slices w/ Ranch, Banana, Cookie | Southwest Egg Dish Roasted Potatoes Mixed Vegetables Mixed Fruit Roll |
| MONDAY - 18 | TUESDAY - 19 | WEDNESDAY - 20 | THURSDAY - 21 | MEALS ON WHEELS ONLY |
| Chicken & Dumpling Broccoflower Mixed Corn Fruit Cocktail Roll | Stuffed Shells Green Beans Mixed Vegetables Pears Roll | Beef Chow Mein Pickled Beets Broccoli Peaches Roll |  <p>BIRTHDAY CELEBRATION</p> Asian Chicken Salad Bell Pepper Sticks Carrot & Raisin Salad Banana Roll | Turkey Pot Pie Broccoli Mixed Vegetables Applesauce Roll |
| MONDAY - 25 | TUESDAY - 26 | WEDNESDAY - 27 | THURSDAY - 28 | MEALS ON WHEELS ONLY |
| Hamburger Roasted Sweet Potatoes Mixed Vegetables Peaches | Baked Chicken Mixed Vegetables Broccoli Tropical Fruit Roll | Roast Turkey with Mashed Potatoes Broccoflower, Peas Mixed Fruit Roll | Chicken Pasta Salad Spinach Salad Carrot Sticks w/ Ranch Banana Roll | Spaghetti & Meatballs Green Beans Squash Blend Applesauce Roll |

PLEASE CALL FOR RESERVATIONS 474-4876 24 HOURS IN ADVANCE. PLEASE CALL IF YOU NEED TO CANCEL A MEAL.

Under the American Disabilities Act, The Payson Senior Center must make reasonable accommodations to all persons with a disability who take part in programs, service or activity.

Pinal-Gila Council for Senior Citizens (PGCSC)
Town of Payson/Town of Star Valley/Gila County
The Older Americans Act Fund Services